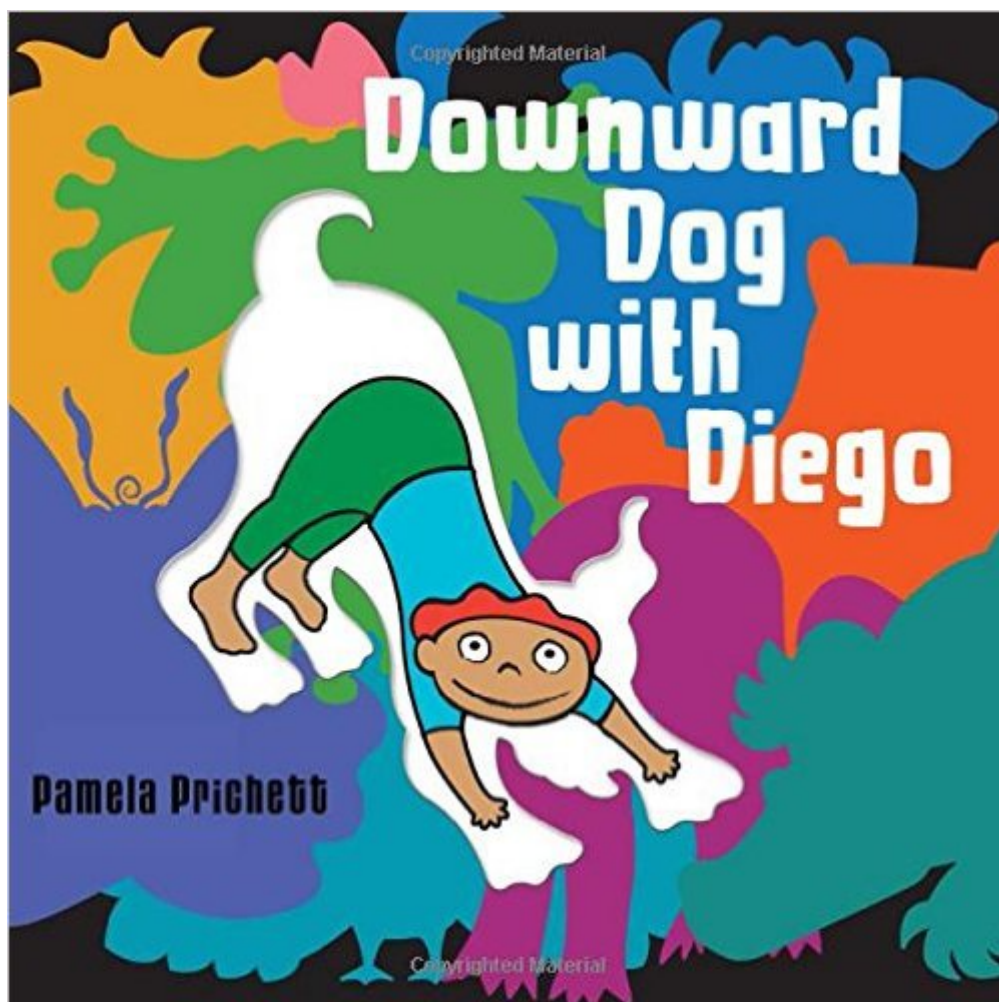


The book was found

Downward Dog With Diego



Synopsis

Jump! Stretch! Roar! This innovative and playful introduction to yoga encourages kids to look, imagine and move along with Diego and his colorful yoga animals. A fun, die cut cover invites interaction from the start and an illustrated glossary of the Sanskrit names of the poses is included in the final spread. Ten animal yoga poses are conveyed by illustrations, and simple, memorable rhymes lead from one page to the next to reveal Diego in the pose within the animal's silhouette. This art uniquely captures the relationship between the animal asana and a child's version of the pose. Stretch like a cat... arch high off your mat. Snuggle like a rabbit... make it a habit. Rise like a cobra... now you're doing yoga!

Book Information

Hardcover: 36 pages

Publisher: Blue Apple Books (August 9, 2016)

Language: English

ISBN-10: 1609055284

ISBN-13: 978-1609055288

Product Dimensions: 9.2 x 0.4 x 9.1 inches

Shipping Weight: 11.2 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars See all reviews (2 customer reviews)

Best Sellers Rank: #124,610 in Books (See Top 100 in Books) #26 in Books > Children's Books > Growing Up & Facts of Life > Health > Fitness #38 in Books > Health, Fitness & Dieting > Exercise & Fitness > For Children #666 in Books > Children's Books > Sports & Outdoors

Age Range: 3 - 7 years

Grade Level: Preschool - 2

Customer Reviews

Have young kids that you want to interest in yoga? This book is the book for you. Great illustrations that could make younger kids eager to try yoga as the illustrations and words that go with them make it fun! It is a well thought out book that will be a great addition to any kids yoga studio or for the home. This will be a great gift for the next time I need a baby gift!

I love this book, bought 2 and may have to buy another. The artwork and colors are vivid, inviting and happy. The characters make me want to get up and do yoga. My niece and nephews will love these books. May have to get another for my 10 year old granddaughter. The poses, their purposes

and the names in the back were a captivating touch.

[Download to continue reading...](#)

Downward Dog with Diego Easy Homemade Dog Treat Recipes: Fun Homemade Dog Treats for the Busy Pet Lover (Dog Training and Dog Care Series Book 2) Bonding with Your Rescue Dog: Decoding and Influencing Dog Behavior (Dog Training and Dog Care Series Book 1) Dog Training: 50 Dog Smart Tricks (Free 130+ Dog Recipe Book Inside): Step by Step Activities for Full engagement, Fun and Increased Dog IQ Homemade Healthy Dog Food Food Recipes (Because Your Dog Deserves The Best All Natural Dog Food and Health Dog Recipes!) The Right Dog for the Job: Ira's Path from Service Dog to Guide Dog Dog Training: Puppy Training Tips For an Obedient and Happy Family Member (Dog Grooming, Dog Tricks, Stuffed Animals) (Volume 1) Brain Games for Dogs: Training, Tricks and Activities for your Dog's Physical and Mental wellness(Dog training, Puppy training,Pet training books, Puppy ... games for dogs, How to train a dog Book 1) Greetings from San Diego California Indian Baskets: San Diego to Santa Barbara and Beyond to the San Joaquin Valley, Mountains and Deserts (Indian Baskets of California and Oregon, Vol. II) Un mar de historias: Diego Rivera (Spanish Edition) Diego Rivera: Los murales en la Secretaria de Educacion Publica (Spanish Edition) Diego Rivera, Luces y Sombras (Spanish Edition) Querido Diego, Te abraza Quiela by Elena Poniatowska (Hispanic Texts MUP) Renaissance Book Collecting: Jean Grolier and Diego Hurtado de Mendoza, their Books and Bindings Rise and Fall of San Diego: 150 Million Years of History Recorded in Sedimentary Rocks Rise and Fall of San Diego: 150 Million Years of History Recorded in Sedimentary Rocks (Sunbelt Natural History Guides) Cycling the Trails of San Diego: A Mountain Biker's Guide Dia De Los Perros Dog Sugar Skull Coloring Book: Midnight Edition: A Unique Dog Lover Black Background Paper Adult Coloring Book For Grownups ... Relaxation Stress Relief & Art Color Therapy) PUPPY TRAINING: DOG TRAINING: Crash Course in Training Your Dog in Days, Housebreak and Obedience Puppy Training Guide Book

[Dmca](#)